

# HELEN ASPACIA STELIOTES HARRIS



Passed away peacefully on Friday December 15, 2023, surrounded by her children. Born in Wilkes-Barre, PA on August 2, 1929, to James K. Steliotes and Dimitra (Dukas) Steliotes, both of whom immigrated from Greece, she was raised in Mt. Lebanon. She will be remembered for her graciousness, radiant smile, and the love she so generously gave to her family, friends and those in need.

Helen lost her father to a heart attack when she was 8 years old. Her mother, Dimitra, took full ownership of their downtown restaurants, Rosenbaums and Frank & Seders, where Helen worked for several years. She graduated from Mt. Lebanon High School in 1947 and from Penn State with a degree in Nutrition and Dietetics. She began her career as a dietician at Magee Hospital. In 1952, Helen married her loving husband, George Harris. In 1969, they moved to Mt. Lebanon, where they resided for the remainder of their 58-year marriage. Helen was proud of her Greek heritage. She volunteered at St. Nicholas Greek Orthodox Cathedral working with senior citizens. She worked with George at Harris Bros. Flower Shop, a Pittsburgh landmark, founded by George's father in 1901. Helen loved the opera and was an ardent sports fan. She volunteered with the Pittsburgh Symphony and the Mt. Lebanon Presbyterian Church. Her passion and pride were her children and grandchildren. Helen is predeceased by her husband George (2010) and her siblings Zoe (Samuel) Meisenhelder, Emily (Milton) Antonopolos and Dean (Ann) Steliotes. Helen leaves her sonm John (Kimberly) Harris of Mt. Lebanon, PA; daughters Pamela (Tom) Gaither of Boston, MA, and Dana (Frank) Harris-Trovato of Baltimore, MD; along with her grandchildren: Brian, Matthew, and Olivia Gaither; Jacquie (Lauren McKenna) Harris; Elizabeth Harris; Geneva and Maria Trovato. Sisters-in-Law: Ann Steliotes and Rania Harris; Michael (Joy) Antonoplos of Philadelphia, were all an integral part of her life along with many nieces and nephews. Helen was lovingly cared for by the staff at Providence Point for several years. Visitation will be held at **LAUGHLIN CREMATION & FUNERAL TRIBUTES**, 222 Washington Road, Mt. Lebanon on Monday, December 18, 2023, from 4-7 pm. Burial service will be held on Tuesday, December 19, 2023 at 11 am in the Mt. Lebanon Cemetery Mausoleum Chapel. A celebration of her life will be held in the Chapel at Providence Point Retirement Community, 500 Adams Avenue, Pittsburgh, PA 15243 on Friday, January 12, 2023 at 1:30 pm. Donations may be made in honor of Helen's life to Gallagher Hospice <https://gallagherhospice.com/>.

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